

September 12th, 2025

University of Padova – Aula Morgagni

RESTORING NATURAL FERTILITY: OLD CHALLENGES AND NEW PERSPECTIVES

1st International Meeting on Medical Updates and Ethical Issues in Precision Medicine for Natural Procreation

Scientific Committee:

Alberto Ferlin, Giuseppe Grande, Mónica López Barahona, Luis Lopez-Fando Lavalle, José Ignacio Sánchez Méndez



REGIONE DEL VENETO
Azienda
Ospedale
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CONFERENCE VENUE

Aula Morgagni, University of Padua
Via Nicolò Giustiniani, 2, 35128 Padova PD

SCIENTIFIC DIRECTOR

Giuseppe Grande

SCIENTIFIC COMMITTEE

Alberto Ferlin, Mónica López Barahona,
Luis Lopez-Fando
Lavalle, José Ignacio Sánchez Méndez

ECM ACCREDITATION

The Provider MV Congressi SPA, based on
current regulations, has assigned
6 ECM credits to the event
Reference code: 25180Q
Accredited for 150 participants

HOW TO PARTICIPATE IN PERSON

The actual presence of the participant in the training activity will
be verified by checking the attendance register. We remind you
that, in order to verify actual participation, it will be the
responsibility of the individual participant to have their presence
recorded by the staff at the beginning and end of the conference
proceedings of each day.

HOW TO OBTAIN A CERTIFICATE OF PARTICIPATION

The certificate of participation will be sent automatically by email
at the end of the day once the participant has been verified as
having left the conference proceedings.

ACCREDITED CATEGORIES

All healthcare professions and all disciplines

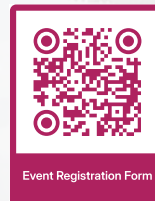
HOW TO OBTAIN ECM CREDITS

For those entitled to ECM credits, a questionnaire will be
delivered in writing and it will then be necessary to complete it
(with only 1 attempt available) and to complete the Satisfaction
Questionnaire.

The release of the ECM Credits certification is subject to the
correspondence between the profession and the discipline of
the participant and those for which the Event is intended, to the
participation in at least 90% of the training activity,
to the passing of the ECM Questionnaire (a minimum of 75% of
correct answers is required) and to the completion of the
Satisfaction Questionnaire.

REGISTRATION

free but mandatory at the following link
<https://forms.gle/JmxzTPuUDgwTTHnm7>



Event Registration Form

PATRONAGE on request

Società Italiana
Endocrinologia

siams
Società Italiana di Andrologia
e Medicina della Sexualità



SIC.FERT

PROVIDER ECM

MV Congressi SPA
Via Marchesi Luigi e Salvatore, 26 D
43126 Parma PR
Provider Nazionale ECM 288

SECRETARY

OttoQuattroEventi
Strada Nazionale Est 74
43044 Stradella di Collecchio (PR)
tel. 393474162043
mail: info@ottoquattro.it

8.15 Registration
8.30 Welcome and introduction

The diagnosis of infertility factors: a current challenge

Chairs: Carlo Foresta (*Padova, Italy*), Annamaria Merola (*Rome, Italy*)

09:00 The diagnosis of female infertility factor: much more than AMH – José Ignacio Sánchez Méndez (*Madrid, Spain*)

09:15 The diagnosis of male infertility factor: much more than semen analysis – Andrea Delbarba (*Brescia, Italy*)

09:30 Debate – Discussants: Daniela Romualdi (*Rome, Italy*); Massimo Iafrate (*Padova, Italy*)

Ultrasounds and precision reproductive medicine

Chairs: Alessandra Andrisani (*Padova, Italy*), Nicola Caretta (*Padova, Italy*)

09:50 Gynecological ultrasounds for precision reproductive medicine: updates - Nieves Redondo (*Madrid, Spain*)

10:05 Male tract US evaluation for precision reproductive medicine: updates – Pier Francesco Palego (*Padova, Italy*)

10:20 Debate – Discussants: Raffaele Scafa (*Padova, Italy*), Francesca Vasoïn (*Padova, Italy*)

Lecture:

Chair: Mónica López Barahona (*Madrid, Spain*)

10.40 Long-term risks for the babies conceived by ART – is a natural conception safer? - Liborio Stuppia (*Chieti, Italy*)

11.00 Coffee break

Reproductive health and microbiotas: a new frontier in reproductive medicine

Chairs: Elena Espinosa (*Madrid, Spain*), Domenico Milardi (*Rome, Italy*)

11.30 Vaginal microbiota and fertility – Nicoletta Di Simone (*Milan, Italy*)

11.45 Male tract: bacteria, viruses and fertility – Carmine Bruno (*Rome, Italy*)

12.00 Debate – Discussants: Andrea Graziani (*Padova, Italy*) Ewa Tywanek (*Lublin, Poland*)

Chair: Daniele Santi (*Modena, Italy*)

12.20 From diagnosis to treatment: strategies for restoring male factor fertility – Giuseppe Grande (*Padova, Italy*)

Lecture:

Chair: Marco Rossato (*Padova, Italy*)

12.40 Towards a precision medicine for FSH treatment in male infertile patients – Alberto Ferlin (*Padova, Italy*)

13.00 Lunch

Surgical treatment and restorative reproductive medicine

Chairs: Fabrizio Dal Moro (*Padova, Italy*), Luigi Selvaggi (*Rome, Italy*)

14.00 Surgical restoration of female fertility factor – Jaime Siegrist (*Madrid, Spain*)

14.15 Urological surgery for male factor infertility: indications, treatments, results – Luis Lopez-Fando (*Madrid, Spain*)

14.30 Debate – Discussants: Andrea Natale (*Milan, Italy*), Carlo Marengi (*Milan, Italy*)

Lecture:

Chair: Serena Del Zoppo (*Milan, Italy*)

14.50 From diagnosis to treatment: strategies for restoring female factor fertility – TW Hilgers (*Omaha, USA*)

Lecture:

Chair: Mercedes Larrù (*Madrid, Spain*)

15.10 Diet and dietary supplements for fertility: towards an evidence-based approach – Andrea Garolla (*Padova, Italy*)

15.30 Coffee break

The restoration of natural fertility: a “side-by-side” approach

Chair: Jeffrey Wade Kiesner (*Padova, Italy*), Maurizio Guida (*Naples, Italy*)

16.00 Psychological support for couple infertility – Domenico Bellantoni (*Naples, Italy*)

16.15 The knowledge of the fertile window and NFP methods – Micaela Menarguez (*Madrid, Spain*)

16.30 Debate – Discussants: Rosanna Fornaro (*Milan, Italy*), Edoardo Vergani (*Rome, Italy*)

Closing lecture:

Chairs: Enrico Furlan (*Padova, Italy*)

16.50 Ethical choices and ethical consultancy in reproductive medicine: considering and respecting the patients’ values – Francisco Guell (*Navarra, Spain*)

17.10 Conclusions and take-home messages